

Day at a Glance

- ♥ 7:45 a.m. Walk-A-Mile with Fitness Instructor Kinsa. Upper Promenade Deck.
- 9:00 a.m. - 6:00 p.m. Sports equipment is available on Sun Deck.
- 10:00 a.m. - 10:30 a.m. Morning coffee is served in the Explorers Lounge.
- 10:00 a.m. Masquerade Materials are available in the Big Dipper on Boat Deck. The competition is Wednesday night.
- 10:00 a.m. - 12:00 noon. The Bookchest is open. Check out a good book or your favorite game from Cruise Staff Richard.
- 10:30 a.m. Scrabble anyone? Richard will organize the games in the Explorers Lounge.
- 2:00 p.m. - 5:00 p.m. Books and indoor games can be checked out from the Bookchest.
- 2:15 p.m. All Card Players are invited to meet Claire in the Card Room.
- 2:30 p.m. ALL Aboard!!!! The m.s. Noordam sails for Juneau at 3:00 p.m.
- 2:30 p.m. "Whales, Eagles and Bears", a slide presentation by Cruise Staff Naturalist Cindy in the Princess Theatre.
- ♥ 2:45 p.m. AAA Doubles Shuffleboard Tournament. See Cruise Staff Richard on Sun Deck.
- 2:45 p.m. "Tie One On". Learn the latest knots with Hostess Pauline in her scarf tying class. Crow's Nest. (Bring a scarf).
- ♥ 2:45 p.m. Look good by toning your body with Fitness Instructor Kinsa. Admiral's Lounge.
- 3:00 p.m. - 5:00 p.m. "Pick Your Own Pearl", by the Perfume Shop, Promenade Deck.
- 3:15 p.m. "Matchword" with Steve in the Admiral's Lounge.
- ♥ 3:30 p.m. Volleyball get-together. Join Cruise Staff Patrick on Sun Deck.
- ♥ 3:30 p.m. - 4:00 p.m. Walk-A-Mile. Meet Fitness Instructor Kinsa on Upper Promenade Deck Aft. No jogging please.
- 3:30 p.m. Boatdrill for guests who are unable to attend this drill in Vancouver.
- 3:30 p.m. Afternoon Tea is served in the beautiful Explorers Lounge. The Rosario Strings will be there playing your favorites.
- 3:30 p.m. Kodak Photographic Program presentation. Princess Theatre.
- 4:00 p.m. Juneau Port Information Talk with Shelly. Admiral's Lounge.
- 4:15 p.m. AAA TRIVIAL PURSUIT with Mastermind Steve. Admiral's Lounge.
- ♥ 4:15 p.m. Gent's Golf Putting Competition, on the Upper Promenade Deck balcony, (next to the casino), with Cruise Staff Carrie.
- 4:45 p.m. - 5:45 p.m. and 6:45 p.m. - 7:45 p.m. Cocktail Time in the Piet Hein Lounge and in the Crow's Nest.
- ♥ 5:00 p.m. Sit and be Fit with Kinsa, Horn Pipe Club.
- 5:45 p.m. Dinner for 1st Sitting Passengers in the Amsterdam Dining Room.
- 7:45 p.m. Dinner for 2nd Sitting Passengers in the Amsterdam Dining Room.
- 8:00 p.m. Showtime for 1st Sitting Passengers. Admiral's Lounge.
- 9:15 p.m. An Old Fashioned Sing-Along for 1st Sitting in the Crow's Nest.
- 9:45 p.m. Showtime for 2nd Sitting Passengers. Admiral's Lounge.
- 10:45 p.m. An Old Fashioned Sing-Along for 2nd Sitting in the Crow's Nest.

Service Hours

INFIRMARY (A-Deck Aft - Phone 1400) 8:00 a.m. - 12:00 noon, 2:00 p.m. - 6:00 p.m. A fee is charged for consultation by physician and /or nurse.

PHYSICIAN'S HOURS

8:00 a.m. - 9:00 a.m.

5:00 p.m. - 6:00 p.m.

For Medical Emergency Dial 7555.

SHOPS ON BOARD (Prom. Deck)

3:00 p.m. - 10:30 p.m.

BEAUTY PARLOR (Main Deck)

8:00 a.m. - 8:00 p.m. (dial 7502)

MASSAGE (Navigation Deck)

8:00 a.m. - 8:00 p.m. (dial 7502)

OCEAN SPA, SAUNA & JACUZZI

(Nav. Deck) 7:00 a.m. - 9:00 p.m.

SWIMMING POOLS

7:00 a.m. - 7:00 p.m.

MINT CASINO (Upper Prom. Deck)

Closed in Alaskan waters.

LOTTO DRAWINGS: 5:30 p.m. &

10:30 p.m.

SHORE EXCURSION OFFICE

(Prom. Deck) 7:00 a.m. - 9:30 a.m. &

2:30 p.m. - 5:30 p.m. Last opportunity to book or cancel tours for Juneau.

RADIO STATION (Navigation Deck)

24Hour dialing from your cabin. Fax, Cable and Telex services available from the Radio Station. 3:00 p.m. - 6:00 p.m. & 7:00 p.m. - 9:00 p.m.

Dining Hours

Lido Restaurant, Prom. Deck.

Coffee & Tea: Available (24 hrs.)

Early Coffee and Rolls: 6:00 a.m.

Breakfast: 6:30 a.m. - 9:30 a.m.

Dutch Lunch: 12:00 noon - 2:30 p.m.

Ice Cream Parlor: 12:00 noon - 3:00

p.m. & 4:30 p.m. - 5:30 p.m.

Late Buffet: 10:45 p.m. - 11:45 p.m.

Lido Deck:

Hot Cider: 10:30 a.m. - 11:00 a.m.

Hamburgers, Hot Dogs, Pasta Bar and the Sandwich of the Day: 12:00 noon - 3:00 p.m.

Hot Chocolate: 3:00 p.m. - 3:30 p.m.

Amsterdam Dining Room

Breakfast: 7:00 a.m. - 8:30 a.m.

Luncheon: 12:30 p.m. - 1:30 p.m.

International Dinner ♥

5:45 p.m. First Sitting

7:45 p.m. Second Sitting

