

Day at a Glance

- 7:00 a.m. - 9:00 p.m. The Swimming Pools and Jacuzzi are open.
- 7:30 a.m. The m.s. Noordam is expected to dock.
- ♥ 7:45 a.m. Walk-A-Mile with Fitness Instructor Kinsa. Upper Promenade Deck.
- 9:00 a.m. - 6:00 p.m. Deck Sports equipment is available on Sun Deck.
- 10:00 a.m. Morning coffee is served in the Explorers Lounge.
- 10:00 a.m. - 12:00 noon. Check out a good book or board game as the Bookchest is open. Cruise Staff Mike is there to assist.
- 10:30 a.m. Enjoy the taste of fresh lemonade on the outside decks.
- 10:45 a.m. Rummy Q anyone? Angela will get you started in the Card Room.
- 2:00 p.m. - 4:00 p.m. The Wine Desk is open on Promenade Deck.
- 2:00 p.m. Embarkation commences.
- 2:00 p.m. - 4:00 p.m. The Bookchest is open. Books and indoor games are available from Cruise Staff Suebee and Patrick.
- 3:00 p.m. Challenge a friend to Trivial Pursuit. Meet Michael in the Piet Hein Lounge.
- 3:00 p.m. - 4:00 p.m. The Cruise Staff Information Desk is open on the Promenade Deck.
- 3:30 p.m. - 4:00 p.m. Iced Tea is available on the Lido Deck.
- 3:30 p.m. - 4:00 p.m. Tea is served in the Explorers Lounge. Promenade Deck.
- ♥ 3:45 p.m. Mixed Shuffleboard with Claire on the Sun Deck.
- ♥ 4:00 p.m. Walk-A-Mile with Kinsa on the Upper Promenade Deck.
- 4:15 p.m. Steiner Hair and Beauty Demonstration. Admiral's Lounge.
- 4:30 p.m. All Aboard! The gangway is raised.
- 5:00 p.m. The m.s. Noordam sets sail for Cabo San Lucas.
- 5:30 p.m. **Compulsory Lifeboat Drill for those guests who embarked today.**
- 6:15 p.m. Dinner for 1st Sitting Passengers in the Amsterdam Dining Room.
- 7:15 p.m. - 8:00 p.m. Dance to the strict tempo of the Noordam Orchestra. Admiral's Lounge.
- 8:15 p.m. Dinner for 2nd Sitting Passengers in the Amsterdam Dining Room.
- 8:15 p.m. Showtime for 1st Sitting Passengers. Admiral's Lounge.
- 9:30 p.m. - 10:00 p.m. Dance to the strict tempo of the Noordam Orchestra. Admiral's Lounge.
- 10:15 p.m. Showtime for 2nd Sitting Passengers. Admiral's Lounge.

Service Hours

- INFIRMARY** (A-Deck Aft - Phone 1400) 8:00 a.m. - 12:00 noon
2:00 p.m. - 6:00 p.m. A fee is charged for consultation.
- PHYSICIAN'S HOURS**
8:00 a.m. - 9:00 a.m.
5:00 p.m. - 6:00 p.m.
For Medical Emergency Dial 7555.
- SHOPS ON BOARD** (Promenade Deck)
7:00 p.m. - 10:30 p.m.
- BEAUTY PARLOR** (Main Deck)
8:00 a.m. - 8:00 p.m. (dial 7502)
- MASSAGE** (Navigation Deck)
8:00 a.m. - 8:00 p.m. (dial 7502)
- OCEAN SPA, SAUNA & JACUZZI**
7:00 a.m. - 9:00 p.m.
- SWIMMING POOLS**
7:00 a.m. - 7:00 p.m.
- MINT CASINO** (Upper Prom. Deck)
5:30 p.m. - close.
- LOTTO DRAWING:** 10:30 pm.
- SHORE EXCURSION OFFICE**
Closed.
- PHOTO SHOP** (Promenade Deck)
7:00 a.m. - 9:00 a.m.
- RADIO STATION** (Navigation Deck)
24Hour dialing from your cabin. Fax, Cable and Telex services available from the Radio Station. 7:00 p.m. - 9:00 p.m.

Dining Hours

- Lido Restaurant, Prom. Deck**
Early Coffee and Rolls: 6:30 a.m.
Breakfast: 6:30 a.m. - 9:30 a.m.
Lunch: 12:00 noon - 1:30 p.m.
Ice Cream Parlor: 12:00 noon - 2:00 p.m. & 3:00 p.m. - 4:00 p.m.
Embarkation Lunch: 3:00 p.m. - 4:00 p.m.
Late Buffet: 11:30 p.m. - 12:30 a.m.
- Lido Deck:**
Lemonade: 10:30 a.m. - 11:00 a.m.
Hamburgers, Hot Dogs, Potato Bar and the Pastrami Sandwich: 12:00 noon - 4:30 p.m.
Iced Tea: 3:30 p.m. - 4:00 p.m.
- Amsterdam Dining Room**
Breakfast: 7:00 a.m. - 8:30 a.m.
Luncheon: 12:00 noon - 1:00 p.m.
- Dinner** ♥
6:15 p.m. First Sitting.
8:15 p.m. Second Sitting.

