




# Daytime Activities

## Good Morning

6:00am – 12 Noon	<b>"The Morning Show"</b> with your hosts Cruise Director Paul McFarland and Asst. Cruise Director Carolynne DeMott.	TV Channel 27	
7:30am ★	<b>Morning Walk on Water</b> with Fitness Director Werner ( <i>weather permitting</i> ).	Promenade Deck Aft	7
8:00am ★	<b>Fitness Class: Stretch &amp; Relax</b> with Fitness Director Werner.	Fitness Center	12
8:00am ★	<b>Yoga</b> with Instructor Pat McFrederick.	Starlite Club	6
8:15am	<b>Catholic Mass</b> is celebrated by Fr. Paul Hruby.	Hollywood Theatre	6
9:00am	<b>Captain's Update.</b> The latest weather and navigation information.	PA System & Ch. 53	
9:00am ★	<b>Fitness Class: Tour de Spin</b> with Fitness Director Danny.	Fitness Center	12
9:00am – 10:00am ★	<b>Passport to Music Open Lab Session; Classes A &amp; B.</b> Claudia Reinsch is on hand to offer assistance for those seeking "one-on-one" time or additional practice time on the keyboards.	Bridge Lounge	6
9:15am	<b>Interdenominational Service</b> is conducted by Rev. Richard Rowe.	Hollywood Theatre	6
9:15am ★	<b>CU@Sea Lecture: Creating Business Cards Using Word 2007</b> with Instructor Nancy Mills-Smith. ( <i>Space is limited; pre-registration required</i> )	The Studio	6
10:00am	 <b>Crystal Visions Enrichment Program with Celebrity Guest Speaker.</b> Star of Stage and Screen <b>Michele Lee</b> presents "Behind the Scenes – Broadway, Film, Stars and Stories." ( <i>Rebroadcast on TV Channel 29 from 12 Noon to 6:00pm.</i> )	Galaxy Lounge	6
10:00am	<b>Health Seminar: Eat More to Weigh Less.</b> A 30-minute seminar looking at the correct way of eating more frequent meals at regular times throughout the day with relation to weight management, energy levels and a healthier lifestyle. Presented by Fitness Director Werner Muff.	Palm Court	11
10:00am – 10:45am ★	<b>Berlitz Conversational French, Class A</b> with Instructor Anne Beirne. ( <i>for pre-registered guests</i> )	LUXE	6
10:15am – 11:00am	<b>Beginners' Bridge: Lesson 11</b> with Instructor John Arblaster.	Bridge Lounge	6
10:45am ★	<b>TaylorMade Golf Clinic</b> with Golf Teaching Professional Bruce Murray. Knowing the Basic Rules.	Golf Net	12
11:00am	<b>Progressive Jackpot Bingo</b> hosted by the Crystal Casino. <i>Please note appropriate daytime dress code is appropriate attire for Bingo; no robes or bathing suits.</i> (Game starts at 11:15am). The jackpot is growing...over \$2,500.	Starlite Club	6
11:00am	<b>Amber Seminar.</b> Join Lynette Gittins for an interesting slide presentation on this "Ancient Jewel of the North." The result of the "spot the fake" competition is drawn right after the lecture!	Hollywood Theatre	6
11:00am	<b>Paddle Tennis Open-Play</b> with Fitness Director Werner. ( <i>weather permitting</i> )	Wimbledon Court	12
11:00am	<b>Napkin Folding (repeat)</b> with Activities Hostess Miyako.	Lido Café, Portside	11
11:00am ★	<b>Memoir Writing</b> with instructor Joe Kita.	Avenue Saloon	6
11:15am – 12 Noon	<b>Intermediate Bridge Lesson</b> with instructor John Arblaster.	Bridge Lounge	6
11:30am – 12:15pm	<b>Bruce Johnson</b> plays the Crystal Piano for your midday cocktail pleasure.	Crystal Cove	5
11:30am – 1:30pm	<b>Sunday Jazz Brunch Buffet.</b> Enjoy a sumptuous buffet prepared by Executive Chef Markus Nufer and his talented galley team. Complimentary Mimosas served from 11:30am to 1:30pm in the Crystal Cove. <b>Jazz music with The Galaxy Orchestra from 12:15pm to 1:15pm.</b>	Crystal Plaza	5

★ Indicates Creative Learning Institute Activity



## Good Afternoon

12 Noon	<b>Team Trivia</b> hosted by members of Acapella Quartet "Full Sail."	Starlite Club	6
12 Noon – 1:00pm	<b>Free Gaming Lessons.</b> Get all the tips from our experts.	Crystal Casino	6
12:30pm – 1:30pm	<b>Sundrenched Sounds</b> with the Crystal Sextet ( <i>weather permitting</i> ).	Seahorse Pool	11
1:30pm	<b>Crystal Visions Enrichment Program.</b> Estate Planner Bob Hales presents "Additional Legal Documents Needed for Legal Estate Planning." (Rebroadcast on TV Channel 29 from 6:00pm to 12 midnight.)	Starlite Club	6
1:30pm	<b>Acupuncture: Managing Arthritis Pain with Chinese Medicine.</b> Join Arizona state and nationally licensed acupuncturist, Marie Veverka, and learn how acupuncture and Chinese herbs can stimulate your body's natural healing capacity. Discover how standard pain management recommendations may actually be exacerbating your condition. Millions just like you have found... acupuncture can change the way you think about health care.	Hollywood Theatre	6
2:15pm ★	<b>CU@Sea Class: Working with Scenery in Photographs Using PS 6</b> with Instructor Nancy Mills-Smith. ( <i>Space is limited; pre-registration required</i> )	The Studio	6
2:15pm	<b>Movie: Rear Window.</b> (1954). Featuring James Stewart, Grace Kelly, Thelma Ritter, and Raymond Burr. Directed by Alfred Hitchcock. Wheelchair-bound photojournalist L.B. Jeffries and his beautiful fiancée Lisa Fremont spy on their neighbors and then solve a brutal murder no one else believes occurred. Unavailable for more than 20 years, Hitchcock's REAR WINDOW is an eloquently entertaining, exhilarating, and bittersweet film. PG; 1:52.	Hollywood Theatre	6
2:15pm – 4:15pm	<b>Duplicate and Social Bridge</b> with Instructor John Arblaster.	Bridge Lounge	6
2:30pm	<b>Crew Tug-of-War.</b> Cheer on your favorite crew member(s) in this titan challenge to determine bragging rights for the year.	Lido Deck	11
2:30pm	<b>Complimentary Dance Class: Cha-Cha &amp; Rumba Review.</b> Add more combinations with instructors Mark and Lizl and the Ambassador Hosts. ( <i>Beginners welcome and no partner required</i> ).	Starlite Club	6
2:30pm	<b>Needlepoint Get-together</b> with Activities Hostess Miyako.	Lido Café, Portside	11
2:30pm ★	<b>TaylorMade Golf Clinic</b> with Golf Teaching Professional Bruce Murray. individual Swing Analysis.	Golf Net	12
3:00pm ★	<b>Odyssey Art at Sea Masterpiece Program: West Meets East in Watercolors</b> with Instructor Lucylee Chiles. Tumbling, bubbling waters of rivers and sea come with a Chinese accent to inspire your masterpiece design plan.	Lido Café, Starboard	11
3:00pm	<b>"It's Knot So Difficult!"</b> Join Retail Associate Adam Le Gallienne for tips on the art of knotting a tie.	LUXE	6
3:00pm	<b>Table Tennis Open-Play</b> with Fitness Director Danny. ( <i>weather permitting</i> )	Horizon Deck Aft	8
3:30pm – 4:30pm	<b>Crystal Afternoon Tea Time</b> serenaded by the <b>Crystal Trio.</b>	Palm Court	11
4:00pm	<b>Shuffleboard</b> with Fitness Director Danny. ( <i>weather permitting</i> )	Promenade Deck Aft	7
4:00pm ★	<b>Fitness Class: Tour de Spin</b> with Fitness Director Werner.	Fitness Center	12
4:15pm – 5:00pm ★	<b>Berlitz Conversational French, Class B</b> with instructor Anne Beirne. ( <i>for pre-registered guests</i> )	LUXE	6
4:30pm	<b>Movie: What Just Happened.</b> Featuring Robert De Niro, Catherine Keener, and Bruce Willis. Desperate middle-aged movie producer, Ben, is having trouble getting his latest picture made. Juggling personal and professional crises, Ben tries to survive the treachery of Hollywood in this insider's look at the industry. Rated R; 1:44.	Hollywood Theatre	6
4:30pm	<b>Friends of Bill W.</b> meet in...	Lido Café, Aft	11
4:45pm – 5:45pm ★	<b>Passport To Music PLUS</b> , presented by Yamaha & Crystal Cruises. <b>Exploring Chords 201</b> with instructor Claudia Reinsch. Guests who attended <i>Exploring Chords 101</i> are invited to continue the study of harmony. <i>Pre-registration is not required; seating is limited.</i>	Bridge Lounge	6
5:00pm ★	<b>Afternoon Walk on Water</b> with Fitness Director Werner. ( <i>weather permitting</i> )	Promenade Deck Aft	7
5:00pm	<b>5 O'Clock Funnies!</b> Comedy clips hosted by Cruise Director Paul McFarland. Plus TV Trivia at approx. 5:30pm with a chance to win a \$25 Crystal Casino slot coupon.	TV Channel 27	





# Evening Entertainment

Dress Code throughout the ship for the entire evening after 6:00pm: **CASUAL**  
Ladies: Blouse and pants, casual dress, or pantsuit  
Gentlemen: Polo shirts or open collar long/short-sleeved shirts with slacks, no shorts or caps

## Good Evening

5:30pm – 6:15pm & 7:30pm – 8:00pm	<b>The Crystal Sextet</b> plays for your dancing pleasure. Join the Ambassador Hosts.	Starlite Club	6
5:30pm – 6:30pm & 7:45pm – 8:45pm	<b>Bruce Johnson</b> plays for your cocktail hour before dinner. Enjoy his stylings on the Crystal piano.	Crystal Cove	5
6:45pm – 8:30pm	<b>The Early Entertainment continues as Colin Salter</b> plays during cocktails in our...	Avenue Saloon	6
8:30pm & 10:30pm	<b>Movie: <i>Transsiberian</i>.</b> Featuring Woody Harrelson, Emily Mortimer, Kata Mara, Eduardo Noriega, and Ben Kingsley. A Trans-Siberian train journey from China to Moscow becomes a thrilling chase of deception and murder when an American couple encounters a mysterious pair of fellow travelers Rated R; 1:51. <i>This movie is repeated at 4:30pm tomorrow.</i>	Hollywood Theatre	6
9:30pm – 10:30pm	<b>Bruce Johnson</b> plays for your listening pleasure. Have a drink after dinner.	Crystal Cove	5
9:30pm – 12:30am	<b>The Crystal Sextet</b> plays for your dancing pleasure. Join the Ambassador Hosts.	Starlite Club	6
10:00pm	<b>Night Viewing of the Stars</b> with Astronomer Dr. Norman Caisse. Meet in the...	Palm Court	11
10:00pm – Late	<b>DJ Justice</b> plays the latest tunes in our luxurious nightclub.	LUXE	6
10:00pm – 1:00am	<b>Colin Salter</b> entertains at the piano. Join him in our lively late night piano bar.	Avenue Saloon	6

8:00pm • Starlite Club

### Cabaret Showtime

Crystal Cruises proudly presents  
Acapella Quartet

### “Full Sail”



Henry, Joseph, Chris and Joe

8:45pm and 10:30pm • Galaxy Lounge



### In Town Tonight

Crystal Cruises proudly presents

Virtuoso Violinist

### Nicola Loud

Accompanied by **The Galaxy Orchestra** under the direction of **Stacey Benn**

*In order to maximize our guests' enjoyment of tonight's performance, beverage service is discontinued 10 minutes after the show starts.*

**Paul's Late Night Smile:** Experience is that marvelous thing that allows you to recognize a mistake when you make it again.