



# Daytime Activities

## Good Morning

6:00am – 12 Noon	<b>"The Morning Show"</b> with your hosts Cruise Director Paul McFarland and Asst. Cruise Director Carolynne DeMott.	TV Channel 27	
7:30am★	<b>Morning Walk on Water</b> with Fitness Director Dennis.	Promenade Deck Aft	7
7:30am★	<b>Nordic Walking Poles</b> with Fitness Director Dennis.	Promenade Deck Aft	7
8:00am★	<b>Fitness Class: Stretch</b> with Fitness Director Robert.	Fitness Center	12
8:00am★	<b>Yoga</b> with Yoga Instructor Emilie Perz.	Starlite Club	6
8:30am	<b>Catholic Mass</b> is celebrated by Rev. Alfred Hernandez.	Hollywood Theatre	6
9:00am	<b>Captain's Update.</b> The latest weather and navigation information.	PA System & Ch. 52	
9:00am★	<b>Fitness Class: Spin</b> with Fitness Director Dennis.	Fitness Center	12
9:00am – 10:00am★	<b>Passport to Music, Intro Class</b> presented by Yamaha & Crystal Cruises with instructor John Waltrip. This class is designed for adults with little or no keyboard experience. The learning atmosphere is relaxed and incorporates many techniques, such as listening, improvising and utilizing the technology of Yamaha's newest portable keyboards. <i>(Limited space; register in Library)</i>	Bridge Lounge	6
9:15am★	<b>CU@Sea Class: Introductory Computing Using Windows 7</b> with instructor Edward Crowding. <i>(Space is limited; pre-registration required)</i>	The Studio	6
10:00am	<b>Crystal Visions Enrichment Program.</b> Destination Lecturer, <b>Dr. Alexei Vranich</b> presents "The Pacific Northwest" How the "Northwest Passage," salmon, sea otters, and big trees lead to the booming cosmopolitan cities of Astoria, Seattle, Victoria, and Vancouver. <b>As a courtesy to your fellow guests, No Saving of Seats please.</b> Please note that this lecture is broadcast live on TV channel 28. <i>(Rebroadcast TV Channel 28: 12 Noon to 4:00pm.)</i>	Starlite Club	6
10:00am – 6:00pm	<b>Stateroom Open House.</b> Pass by the Reception Desk for a list of selected staterooms open for your viewing convenience.	Reception Desk	5
10:00am	<b>Health Seminar: Detox for Health, Energy, and Weight Loss</b> with the Fitness Directors Did you know that one cup of coffee has the potential to slow your metabolism down for between 3 – 4 hours? Would you like to learn more?	Palm Court	11
10:15am★	<b>CU@Sea Class: Basic Digital Photo Finishing Using Photoshop Elements 9</b> with instructor Edward Crowding. <i>(Space is limited; pre-registration required)</i>	The Studio	6
10:15am – 11:00am	<b>Beginners' Bridge Lesson</b> with Instructor Susan Carter.	Bridge Lounge	6
10:45am	<b>Japanese Origami</b> with Activities Hostess Mikako.	Lido Café, Starboard	11
10:45am★	<b>TaylorMade Golf Clinic</b> with LPGA Golf Teaching Professional Shannon Kneisler. <i>(Inclement weather location: Deck 11 landing, outside Fantasia)</i>	Golf Nets	12
11:00am	<b>BINGO</b> hosted by the Crystal Casino. <i>Please note appropriate daytime dress code is appropriate attire for Bingo; no robes. (Game starts at 11:15am)</i>	Starlite Club	6
11:00am	<b>Paddle Tennis Open Play</b> with Fitness Director Robert.	Wimbledon Court	12
11:00am	<b>Arthritis &amp; Acupuncture:</b> Tired of medications? Not ready for surgery? Looking for a preventative way to care for your health? Join Acupuncturist Kim Schiller for her informative talk today in the Palm court. Learn how acupuncture can change the way you think about health care.	Hollywood Theatre	6
11:00am	<b>Meet the Rabbi</b> with Rabbi Irving Bloom.	Palm Court	11
11:15am – 12 Noon	<b>Intermediate Bridge Lesson</b> with Instructor Susan Carter.	Bridge Lounge	6
11:15am – 12 Noon★	<b>Berlitz Conversational French Language, Open Class</b> with Instructor Marie Perroud. <i>(preregistration not required)</i>	The Studio	6
11:30am – 12:30pm	<b>Bruce Johnson</b> plays the Crystal Piano for your midday cocktail pleasure.	Crystal Cove	5
11:30am	<b>Service Club Meeting</b> hosted by Drew of the Entertainment Staff.	Palm Court, Port side	11

★ Indicates Creative Learning Institute Activity.





## Good Afternoon

12 Noon	<b>Team Trivia</b> hosted by Lauren from the Entertainment Department.	Starlite Club	6
12 Noon – 1:00pm	<b>Free Gaming Lessons.</b> Get all the tips from our experts.	Crystal Casino	6
1:30pm	<b>Crystal Visions Enrichment Program.</b> Special Lecturer <b>Prof. Louis Rene Beres</b> presents "War and Power in World Affairs – Understanding Current Crisis." In his first lecture, Professor Beres (Ph.D., Princeton, 1971) will examine the most critical issues of current world affairs from original perspectives of war and power. Together, we will consider assorted intellectual, economic and psychological factors, as well as the always-core elements of military force. References to history, art, philosophy and literature will make this both a pleasing and informative talk. <i>As a courtesy to your fellow guests, No Saving of Seats please.</i> Please note that this lecture is broadcast live on TV channel 29. (Rebroadcast TV Channel 28: 4:00pm to 8:00pm.)	Starlite Club	6
2:00pm	<b>Free Slot Tournament.</b> Register from 10:00am until 1:45pm.	Crystal Casino	6
2:00pm	<b>Health Seminar: Perfect Posture.</b> Join the Fitness Directors in the...	Palm Court	11
2:00pm – 3:00pm	<b>Sundrenched Sounds</b> with the Crystal Sextet ( <i>weather permitting</i> ).	Seahorse Pool	11
2:00pm★	<b>CU@Sea Class: Dynamic Presentations in PowerPoint using Office 2010</b> with instructor Edward Crowding. ( <i>Space is limited; pre-registration required</i> )	The Studio	6
2:15pm – 4:15pm	<b>Duplicate and Social Bridge</b> with Instructor Susan Carter.	Bridge Lounge	6
2:15pm – 3:00pm	<b>Napkin Folding</b> with Activities Hostess Mikako.	Palm Court, Strbd	11
2:30pm	<b>Complimentary Dance Class: Waltz and Cha Cha</b> with Instructors Mark and Lizl and the Ambassador Hosts. ( <i>Beginners welcome and no partner required</i> ).	Starlite Club	6
2:30pm	<b>Movie: Gulliver's Travels.</b> Featuring Jack Black, Emily Blunt and Jason Segel Travel writer Lemuel Gulliver takes an assignment in Bermuda, but ends up on the island of Liliput, where he towers over its tiny citizens. Rated PG; 1:25.	Hollywood Theatre	6
3:00pm★	<b>Odyssey Art at Sea</b> "Create and Cruise Along the Pacific" with instructor Denise Tabari. Using oil pastels and watercolor, see how you can make artwork that is out of this world.	Lido Café, Strbd side	11
3:00pm	<b>Table Tennis Open-Play</b> with Fitness Director Dennis.	Horizon Deck Aft	8
3:00pm	<b>Blackjack Tournament.</b> Register from 10:00am until 2:45pm.	Crystal Casino	6
3:00pm★	<b>CU@Sea Class: Time Saving Tips Using Mac OS X</b> with instructor Edward Crowding. ( <i>Space is limited; pre-registration required</i> )	The Studio	6
3:15pm★	<b>TaylorMade Golf Clinic</b> with LPGA Golf Teaching Professional Shannon Kneisler. (Inclement weather location: Deck 11 landing, outside Fantasia)	Golf Nets	12
3:30pm★	<b>Yoga</b> with Yoga Instructor Emilie Perz.	Starlite Club	6
3:30pm – 4:30pm	<b>Tea Dance</b> with the <b>Galaxy Orchestra</b> and the Ambassador Hosts.	Palm Court	11
4:00pm★	<b>CU@Sea Class: Files, Folders and The Finder Using Mac OS X</b> with instructor Edward Crowding. ( <i>Space is limited; pre-registration required</i> )	The Studio	6
4:00pm★	<b>Fitness Class: Abs</b> with Fitness Director Robert.	Fitness Center	12
4:30pm	<b>Friends of Bill W.</b> meet in...	Lido Café Aft	11
4:30pm★	<b>Fitness Class: Stretch</b> with Fitness Director Dennis.	Fitness Center	12
4:45pm – 5:45pm★	<b>Passport to Music, Intro Class</b> presented by Yamaha & Crystal Cruises with instructor John Waltrip. This class is designed for adults with little or no keyboard experience. The learning atmosphere is relaxed and incorporates many techniques, such as listening, improvising and utilizing the technology of Yamaha's newest portable keyboards. ( <i>Limited space; register in Library</i> )	Bridge Lounge	6
5:00pm	<b>5 O'Clock Funnies LIVE!</b> Comedy clips hosted by Cruise Director Paul McFarland. TV Trivia at approx. <b>5:30pm</b> – win C-Vineyards Wine or \$25 Crystal Casino slot coupon. TV Channel 27		
5:00pm – 5:45pm★	<b>Berlitz Conversational French Language Class</b> with Instructor Marie Perroud. ( <i>Limited space; please register in the Library.</i> )	The Studio	6
5:00pm★	<b>Afternoon Walk on Water</b> with Fitness Director Robert.	Promenade Deck Aft	7
5:00pm★	<b>Nordic Walking Poles</b> with Fitness Director Robert.	Promenade Deck Aft	7

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# Evening Entertainment

Dress Code throughout the ship for the entire evening after 6:00pm: **CASUAL**

Ladies: Blouse and pants, casual dress, or pantsuit

Gentlemen: Polo shirts or open collar long/short-sleeved shirts with slacks, no shorts or caps

## Good Evening

5:30pm – 6:15pm & 7:45pm – 8:30pm	<b>The Crystal Sextet</b> plays for your dancing pleasure. Join the Ambassador Hosts.	Starlite Club	6
5:30pm – 6:30pm & 7:45pm – 8:45pm	<b>Bruce Johnson</b> plays during cocktails before dinner. Enjoy his stylings on the Crystal piano.	Crystal Cove	5
5:45pm	<b>RANE Prize Drawing.</b> You must be present to win.	Facets	6
6:30pm – Sunset	<b>Ocean View Portraits</b> with our onboard Photographer.	Seabreeze Deck Aft	9
6:45pm – 8:30pm	<b>Mark Farris</b> entertains during cocktails in our intimate club.	Avenue Saloon	6
6:45pm – 7:45pm	<b>The Moonlight Strings</b> plays music for your listening pleasure.	Above Crystal Cove	6
8:30pm & 10:30pm	<b>Movie: <i>The King's Speech</i></b> Featuring Colin Firth, Geoffrey Rush and Helena Bonham Carter The story of King George VI of Britain, his impromptu ascension to the throne and the speech therapist who helped the unsure monarch become worthy of it. Rated R; 1:58.	Hollywood Theatre	6
9:30pm – 10:00pm	<b>The Moonlight Strings</b> plays music for your listening pleasure.	Above Crystal Cove	6
9:30pm – 12:30am	<b>The Crystal Sextet</b> plays for your dancing pleasure. Join the Ambassador Hosts.	Starlite Club	6
10:00pm – 11:00pm	<b>Bruce Johnson</b> plays for your listening pleasure. Have a drink after dinner.	Crystal Cove	5
10:00pm – 1:00am	<b>Mark Farris</b> entertains in our intimate club. Have a nightcap in our lively piano bar.	Avenue Saloon	6
10:00pm – Late	<b>DJ Marc</b> plays your favorites in our luxurious nightclub.	LUXE	6

7:00pm and 8:30pm • Galaxy Lounge

## In Town Tonight

Crystal Cruises proudly presents...



London's West End Leading Lady

# Jacqui Scott

Accompanied by the **Galaxy Orchestra**  
under the direction of **Ellert Sigurdarson**

*In order to maximize our guests' enjoyment of tonight's performance, beverage service is discontinued 10 minutes after the show starts.*

Crystal Cruises proudly presents...

10:15pm • Galaxy Lounge



# The Vancouver TheatreSports League

**Paul's Late Night Smile:** Right now I'm having amnesia and déjà vu at the same time. I think I've forgotten this before.

Crystal Symphony • Wednesday, April 13, 2011