## CHILDREN'S MENU

(Available for children 12 and under)
All entrées include juice (orange, apple, cranberry) and milk. Please note that children may order any item from the regular dining car menи at the regular menи price.

## BREAKFAST

## * Freshly Scrambled Eggs

Served with breakfast potatoes or grits,
small croissant or warm biscuit.

## Railroad French Toast

Traditional thick slice of egg batter dipped
toast, griddled to a golden brown and served
with syrup, fruit topping and dusted
with powdered sugar.

## Breakfast Meats

Pork Sausage - One Patty . ..... \$1.50
Bacon - Two Strips ..... \$2.00
LUNCH/DINNER
Griddled Cheddar Cheese Sandwich ..... \$6.25Lunch - Served with potato chips.Dinner - Served with a vegetable and starch.
Hebrew National Hot Dog .....  $\mathbf{6 . 2 5}$
The classic, served with potato chips
Pizza$\$ 7.00$
Choice of cheese or pepperoni and cheese.
Breaded Chicken Breast Tenders ..... \$7.00Lunch - Served with potato chips.Dinner - Served with a salad, vegetableand mashed potatoes.
Pasta$\$ 7.00$
Macaroni and cheese. Served withsmall salad and warm roll.

## SOFT BEVERAGES

Soft Drinks ..... $\$ 2.00$
Regular or diet sodas
Bottled Water ..... \$2.25

## ALCOHOLIC BEVERAGES

## COCKTAILS

## Premium Spirits and Cocktails

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Spirits - Absolut Vodka, Beefeater Gin, Bacardi Rum, Dewar's Scotch, Canadian Club Blended Whiskey, Jack Daniel's Black Label
Cordials - Bailey's Irish Cream, Courvoisier Cognac, Kahlua
Mixers - Club Soda, Tonic Water, Ginger Ale,
Bloody Mary Mix, Orange Juice

## COLD BEER ${ }^{*}$

Ask your server about today's selections.
Domestic ........................................ \$5.25
Premium Domestic \& Import . . . . . . . . . . . . . . . \$6.25
Regional Craft

## WINES*

Ask your server about today's selections
Single Serving
Half Bottle
-Note that alcoholic beverages are available as an extra purchase and are not included in first class meal packages.

Prices are in U.S. currency and include all taxes. Amtrak accepts major payment Prices are in U.S. currency and include all taxes. Amtrak accepts major payme
cards. Gratuity is at the passenger's discretion. Water served upon request.


If you paid by cash or payment card and did not receive a receipt, your purchase is complimentary.
CHICAGO to LOS ANGELES

SOUTHWEST

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## BREAKFAST

## ENTRÉES

All breakfast entrées include juice (orange, apple, cranberry) and coffee, tea or milk.

* Freshly Scrambled Eggs

Freshly scrambled eggs served with breakfast potatoes or grits, warm biscuit, cinnamon raisin bread or croissant. (Egg substitutes are available upon request.)

## Continental Breakfast

$\qquad$
Served with a choice of cold Kellogg's brand cereal or steel cut oats with raisins and brown sugar. Served with fresh fruit, warm biscuit, cinnamon raisin bread or croissant and Activia yogurt.

## Classic Railroad French Toast

Traditional thick slices of egg batter dipped toast, griddled to a golden brown and served with syrup, fruit topping and dusted with powdered sugar.

* Omelet Selection

Freshly made three egg omelet served plain, topped with cheese, or filled with today's fresh vegetable medley, or with both vegetable and cheese. Your server can describe today's options. Served with grits or roasted potato medley, warm biscuit, cinnamon raisin toast or small croissant.

* Chef's Good Morning Special

Ask your server for a description of
today's marketplace special.

## SIDES

## Breakfast Meats

Smoked bacon strips, pork sausage patties
or turkey sausage patties

Sugar free jelly, sugar free breakfast syrup and plain soy milk are available upon request.

All fresh eggs are pasteurized and sourced from cage free suppliers.

## LUNCH

## MAIN COURSES

All lunch entrees include coffee, tea or milk.
Fresh Made Vegetarian Entrée Salad \$8.75
Your server will describe today's offering, served with a dressing selection and warm roll. (Available with a specified protein
topper for an additional \$3.00.)

## Griddled Veggie Burger

A spiced, full flavored veggie burger patty served on a bakery bun with lettuce, tomato, red onion, pickle, potato chips and optional cheddar cheese.

## Angus Steak Burger

Grilled Angus beef chuck burger, served on a bakery bun with lettuce, tomato, red onion, pickle, potato chips and optional cheese. (Available with two smoked bacon strips for an additional \$2.00.)

## Today's Specialty Sandwich

Ask your server to describe today's
special route specific offering.

## Southwest Chief Combo

Your server can describe today's selection,
consisting of a generous bowl of hearty soup,
served with a small garden salad, dressing
selection and warm roll.

## Chef's Marketplace Special

Today's selection will be described by your server and offered along with an appropriate starch, small garden salad, dressing selection and warm roll.

## DINNER

## MAIN COURSES

All dinner entrées include a warm roll, small salad and coffee, tea or milk.
Vegetarian Pasta
Today's route specific selection will be
described by your server.

## Herb Roasted Half Chicken

Thyme roasted chicken, served with whole grain rice and vegetable medley. (Consider enhancing this menu choice with a glass of crisp Chardonnay.)

## Healthy Choice Entrée

A light, balanced and flavorful option for those watching calories, fat and salt intake. Today's choice will be described on board upon request. (This entrée contains less than 500 calories, with $30 \%$ or less derived from fat, with a sodium
content of no more than 600 mg .)

## Chef's Evening Marketplace Special

## Your server will describe tonight's special offering

## * Seafood Catch

Consult your server regarding today's choice, served with whole grain rice, vegetable medley and a special sauce designed to compliment his selection.
(This main course will harmonize admirably
with our food-friendly, chilled Pinot Grigio.)

* Butcher's Cut New York Strip Steak

The specific cut changes based upon train
route, but always features a twenty-one day route, but always features a twenty-one day aged, well marbled, USDA choice steak, hand cut exclusively for Amtrak by Great Western Beef of Chicago. The steak is served with a flavorful compound butter and cooked to your temperature equest. This selection is served with baked potato, sour cream and vegetable medley.
A glass of either Cabernet Sauvignon or
Merlot would be an ideal complement to this
American classic.)

## DESSERTS

## Haagen-Dazs Ice Cream \& Sorbet

Selections include a small serving cup of chocolate peanut butter or vanilla bean ice cream or raspberry sorbet
FDA Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

## Specialties

Your server will describe tonight's sweets in detail,
which features a chocolate option, a fruit or nut
choice and a cheesecake option.

