



Luncheon

Wednesday, May 7, 2014

Crystal Dining Room, Crystal Symphony

At Sea en Route to Honolulu, Hawaii

Maitre d'Hôtel Remi Szutkiewicz Executive Chef Peter Degner

CHEF'S SUGGESTIONS

Chef Peter Degner has selected these special luncheon dishes:

Pink-Roasted Duck and Artichoke Pizzetta with Citrus Salad

Cream of Tomato with Fresh Basil

Island Style Baby Back Pork Ribs

Served with Pineapple-Fried Rice, Sautéed Vegetable Julienne & Sesame-Hoisin Sauce

Blintzes with Blueberry Stew

VEGETARIAN SELECTIONS

Black Pepper Boursin Cheese Stuffed Eggplant Roll on Tossed Lettuce with Tomato Chutney

Mixed Green Salad with Beluga Lentils and Hazelnut-Raspberry Vinaigrette

Vegetable Pot Au Feu

Clear Broth with Young Vegetables, New Potatoes and Matzo Balls

Chocolate Pave with Pumpkin Ice Cream

ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, carbohydrates, fat and sodium by offering these choices:

Chicken Broth with Macaroni, Vegetables & Chicken Meat

Pan-Fried White Fish Fillet

With Steamed Vegetables and Oven-Roasted Potatoes

Sugar-Free Marinated Prunes with Vanilla Ice Cream

COMPLIMENTARY WINE SELECTIONS

White Wine:

Chardonnay, Laroche, Bourgogne, France 2012

Red Wine:

Cabernet Sauvignon Vina Robles, Paso Robles, California 2010

For our more extensive selection, please ask your Sommelier.

The Natura Water system is an environmentally friendly alternative to the waste associated with conventional bottled water. Be green, enjoy our pure, fresh and delicious water. It comes in both still or sparkling.



** United States Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.*



APPETIZERS AND SALAD

Pink-Roasted Duck and Artichoke Pizzetta with Citrus Salad

Artichoke Bottom Filled with Creamy Seafood Salad, Garnished with Sauce Grette

Black Pepper Boursin Cheese Stuffed Eggplant Roll on Tossed Lettuce with Tomato Chutney

Mixed Green Salad with Beluga Lentils and Hazelnut-Raspberry Vinaigrette

Traditional favorite dressings available, plus today's specials:

Fat-Free Lime Yogurt Dressing or Low-Calorie Balsamic Vinaigrette

SOUPS

Cream of Tomato with Fresh Basil

Chicken Broth with Macaroni, Vegetables & Chicken Meat

Low-sodium soups are available upon request

PASTA SPECIAL

Penne Pasta with Tomatoes, Herbs, Mushroom and Parmesan Cheese

Available as Appetizer or Main Fare

MAIN FARES

Fried Coconut Mahi Mahi Fingers on Bella Vista Dressing-Tossed Mixed Greens, With Red Onions, Bell Pepper Sticks and Papaya

Chicken-Waldorf Salad – Creamy Apple-Celery Salad on a Bed of Butter Lettuce Leaves, Garnished with Grapes, Strawberries, Tomatoes, and Toasted Pecan Nuts, Topped with a Freshly Roasted Chicken Breast

Fisherman's Platter: Golden-Fried Fish Fingers, Jumbo Prawns, Scallops and Squid, Served with Cucumber-Rémoulade, Carrot-Cabbage Slaw and French Fried Potatoes

Sandwich of the Day: Delicious Shrimp Sandwich – Grilled Rock Shrimp, Tomato, Avocado, Crisp Bacon and Cheddar Cheese, Layered in a Soft Brioche Roll, With Thousand Island Dressing and Potato Chips

Island Style Baby Back Pork Ribs Served with Pineapple-Fried Rice, Sautéed Vegetable Julienne & Sesame-Hoisin Sauce

***American Hamburger or *Cheeseburger – Freshly Ground Beef Burger, Grilled to Your Order, Served on a Toasted Homemade Brioche or Whole Wheat Bun with Kosher Dill Pickles, Tomatoes, Sliced Onion Rings and French Fried Potatoes**

Additional Applewood Smoked Bacon, Grilled Onions and your Choice of Swiss, Blue or Cheddar Cheese is available upon request.

SIDE ORDERS

Assorted Vegetables Steamed White Rice Mashed Potatoes

Spaghetti Pasta with Tomato Sauce French Fried Potatoes

Upon request, dishes are available without sauce, and main courses can be served as half portions.

Vegetables are also available steamed, without butter or salt.

DESSERTS

Blintzes with Blueberry Stew • Chocolate Pave with Pumpkin Ice Cream

“Blueberry” Sundae: Blueberry Compote, Vanilla Ice Cream, Crème Chantilly

Sugar-Free Marinated Prunes with Vanilla Ice Cream • Refreshing Papaya Sherbet

Freshly Frozen, Nonfat Coffee Yogurt • Chocolate Soft Serve Ice Cream

Vanilla, Strawberry Cheesecake or Chocolate Chunk Ice Cream

with your choice of Raspberry, Mango or Chocolate Topping

Assortment of Fruit in Season

International Cheeses Served with Crackers and Biscuits