



FRESHLY SQUEEZED JUICES

Orange Apple Grapefruit Carrot

JUICES

Tomato* Pineapple Prune Cranberry Papaya V-8 Vegetable* Grape

FRESH FRUITS

Banana Orange Pineapple Grapefruit Sweet Melon Berries Fruit in Season

COMPOTES AND STEWS

Stewed Prunes Kadota Figs in Syrup Peaches Poached Williams Pears

BREAD & PASTRY BASKET

Selection of Freshly Baked Danish Pastries Croissants Brioche
Donuts Raisin and Plain Sourdough Rolls Plain, Fruit and Bran Muffins
Six-Grain Bread, Dark Finn Bread and French Baguette
Your Choice of Plain or Toasted White, Whole Wheat, Sourdough, Rye and English Muffin

BAGELS

Plain Multi Grain Onion Sesame Everything

FROM THE COLD KITCHEN

Assorted Smoked and Cured Cooked or Air Dried Ham*
Selection of French and International Cheese* Low-Fat Cottage Cheese*
Regular, Non-Fat or Low-Fat Plain or Fruit Yogurt*
Smoked Salmon with Cream Cheese, Capers, Tomatoes, Onions*
And Your Choice of Toasted Bagel

HOT & COLD CEREALS

Oatmeal Cream of Wheat Corn Flakes Special K Shredded Wheat
Frosted Flakes Whole Wheat Total Raisin Bran All Bran
The Energizer – Swiss Bircher Müsli Toasted Oats, Raisins, Sunflower Seeds,
Diced Apples & Pears, Mixed Nuts, Citrus Segments, Honey and Milk
Calcium Crunch – Seasonal Fruit Chunks and Berries,
Topped with Plain Yogurt, Sprinkled with Crunchy Granola

OMELETTES

Asparagus Omelette Filled with Creamy Morel Ragout*
Brie Omelette with Grilled Apple-Chicken Sausage*
Caviar and Smoked Salmon Omelette Drizzled with Lemon Crème Fraîche*
Spanish Omelette – Open Face Omelette with Bell Pepper, Onion, Tomato,
Boiled Potato and Olive
Or Create your own Omelette* Whole Egg, Eggbeater or Egg White
With Ham, Cheese, Mushroom, Herbs, Tomato, Bell Pepper, Onion, Olive,
Crabmeat or Smoked Salmon

POACHED EGGS

Traditional Eggs Benedict – Poached Eggs on Grilled Canadian Bacon
With Toasted English Muffin, Gratinated with Black Truffle Hollandaise
Smoked Salmon Benedict – Poached Eggs with Smoked Salmon
On Toasted English Muffin, Gratinated with Lemon Dill Hollandaise
Plain Poached Egg on Your Choice of Toast

*Low-Carb Choices

12.07



SCRAMBLED, BOILED AND FRIED EGGS

Huevos Rancheros – Fried Egg Served on Corn Tortilla
Filled with Refried Beans, Chipotle Salsa and Cheddar Cheese
Fried Eggs* Scrambled Eggs* Boiled Eggs*

PANCAKES

Swedish Pancakes with Lingonberries and Whipped Sweet Butter
Golden Cheese Blintzes – Crêpe-Style Pancakes Filled with Cottage Cheese,
Served with Sour Cream and Strawberry Jam
Buttermilk or Buckwheat Pancakes
Plain or with Banana, Blueberry, Strawberry, Raspberry, Caramelized Apple, Almond,
Chocolate Chips, Pecan Nuts or Walnuts
Choice of Whipped Butter – Classic Sweet or Lemon Zest
Choice of Syrups and Toppings
Real Maple Syrup, Blueberry, Strawberry Topping or White Truffle Honey

WAFFLES

Crisp Classic Belgium Waffle with Fresh Fruits and Real Maple Syrup
Chocolate Chip Waffle with Strawberry Ragout and Whipped Cream

FRENCH TOASTS

Thick Cut Cinnamon Raisin French Toast with Real Maple Syrup
Peanut Butter & Jelly French Toast with Chocolate Sauce

FROM THE GRILL

Grilled Black Angus 5-oz Sirloin Steak, Topped with your Choice of Egg,
Broiled Tomato* and Hash Brown Potatoes
Grilled Lamb Chops with Sautéed Spinach, Broiled Tomato and Home-Fried Potatoes
Homemade Corned Beef Hash, Topped with a Single Fried Egg
Grilled Kippered Herring with Grilled Onion

ASIAN DISHES

Miso Soup with Tofu*
Grilled Salmon with Sticky Rice, Steamed Vegetables and Japanese Pickles
Also available as a set
Congee, Plain or with Chicken
Singapore-Style Fried Noodles with Pork, Shrimp and Vegetables

BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee/Tea English Tea
Herbal Tea* Instant Coffee Ovaltine Hot Chocolate Milk
Low-Fat Milk* Nonfat Milk* Lactose-Free Milk Buttermilk* Soy Milk*

JAM, MARMALADE & JELLIES

Switzerland's Best "Hero" Orange Marmalade, Strawberry, Raspberry,
Black Cherry or Apricot Preserves and Honey Sugar-Free Jam & Jellies
No-Cholesterol Vegetable Margarine available on request

ACCOMPANIMENTS

Apple Wood Smoked Bacon Pork Link Sausage Canadian Bacon Turkey Ham
Apple-Chicken Sausage Hash Brown Potatoes Home-Fried Potatoes Broiled Tomato

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