

# CRYSTAL SYMPHONY



TUESDAY, OCTOBER 7, 1997
"FALL TREASURES" CRUISE
AT SEA, EN ROUTE TO HALIFAX, NOVA SCOTIA, CANADA

Maître d'Hôtel Josef Widmar Executive Chef Josef Lumetsberger

# CHEF'S SUGGESTIONS

Escargots "Bourguignonne" - Burgundy Snails in Garlic Herb Butter

French Onion Soup with Gratinated Cheese Croutons

#### Pink Roasted Rack of Lamb

In Garlic Herb Crust with Mint Flavored Natural Jus, Ratatouille Niçoise, and Gratinated Potatoes

Souffle Grand Marnier, Sauce Negresco

# FOR OUR VEGETARIANS

Vichyssoise with Bell Pepper Mousse

Brochette of Mediterranean Vegetables With Mustard Sauce, Served on Ratatouille

Crème Caramel with Chantilly

## CELLAR MASTER SUGGESTIONS

#### WHITE WINE

By the Bottle: Chablis Premier Cru Montmains, William Fevre 1994 - \$36.00

By the Glass: Pouilly Fuisse, Louis Jadot, Maconnais 1996 - \$8.00

#### RED WINE

By the Bottle: Carruades de Château Lafite, Pauillac 1993 - \$48.00

By the Glass: Château de Sales, Pomerol 1993 - \$8.00





#### APPETIZERS

Assorted Seafood Cocktail on Crisp Lettuce Chiffonade with Sauce Louis XIII

Escargots "Bourguignonne" – Burgundy Snails in Garlic Herb Butter

Crackling Salad with Smoked Duck Breast, Tossed in French Dressing

Citrus Fruit in an Orange Basket, Perfumed with Crème de Cassis

#### SOUPS

French Onion Soup with Gratinated Cheese Croutons

Clear Veal Consomme with Herb-Butter Quenelles

Vichyssoise with Bell Pepper Mousse

#### SALADS

Panache of Mixed Lettuce with Radishes, Chopped Egg, and Dijon Mustard Dressing

Mediterranean Vegetable Salad

Traditional favorite dressings available, plus today's specials:
Fat-Free Russian Thousand Island and
Low-Calorie Red Wine-Basil Vinaigrette

#### PASTA SPECIAL

Penne Rigate Puttanesca – Italian Pasta with Anchovies, Capers, Tomatoes, Black Olives, Garlic, Parsley, and Chili Flakes

#### MAIN COURSES

#### Sautéed Fresh Red Snapper Fillet

With Roasted Tomato-Noisette Butter Sauce, Served on Wilted Greens and Parisienne Potatoes

#### Coq au Vin

Braised Chicken in a Burgundy Wine Sauce, Garnished with Glazed Silver Onions, Mushrooms, and Bread Croutons, Served in a Nest of Buttered Linguine with Broccoli Flowers

#### Pink Roasted Rack of Lamb

In Garlic Herb Crust with Mint Flavored Natural Jus, Ratatouille Niçoise, and Gratinated Potatoes

#### Entrecôte au Beurre d'Anis

Grilled Striploin Steak with Anis Herb Butter, Sautéed Green Beans, Ratatouille Niçoise, and Gratinated Potatoes

#### SIDE ORDERS

Assorted Vegetables Sautéed Green Beans Ratatouille Niçoise Parisienne Potatoes

Steamed White Rice Gratinated Potatoes Penne Rigate with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.







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Executive Pastry Chef Harald Neufang

### SWEET FINALE

Soufflé Grand Marnier with Sauce Negresco
Crème Caramel with Chantilly
Apple Tart Tartin with Caramel Sauce and Vanilla Ice Cream
Sugar-Free Vanilla Profiteroles with Dietetic Chocolate Sauce
Assortment of Fruit in Season
Petits Fours and Truffles

# I C E C R E A M F R O Z E N Y O G U R T S H E R B E T

Vanilla, Rocky Road, Chocolate, or Pistachio Ice Cream
With Your Choice of Chocolate, Strawberry, or Butterscotch Sauce
Non-Fat, Freshly Frozen French Vanilla or Black Raspberry Yogurt
Refreshing Beaujolais Red Wine Sherbet

# SELECTIONS FROM THE CHEESE TROLLEY

Garlic Boursin Fontina St. Nectaire Camembert Roquefor

Served with Crackers and Biscuits

#### BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Cafe Latté Cappuccino
Espresso Selection of International Teas

#### AFTER DINNER DRINKS

As a Digestif, we would like to recommend:

Tia Maria – \$3.75 Late Bottled Vintage Port – \$4.50

Grand Marnier – \$4.00 Remy Martin Cognac V.S.O.P. – \$5.00

or your favorite classic after dinner liqueur, available from your bar waiter





