The Captain's Gala

#### CRYSTAL SYMPHONY

SATURDAY, NOVEMBER 8, 1997
"GOLDEN PANAMA" CRUISE
AT SEA, EN ROUTE TO NEW ORLEANS, LOUISIANA

Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

APTAIN'S GALA DINNER

ON BEHALF OF THE OFFICERS, STAFF, AND CREW OF CRYSTAL SYMPHONY, I WOULD LIKE TO BID ALL GUESTS LEAVING US IN NEW ORLEANS "PÅ GJENSYN," "AU REVOIR," BUT NOT "GOOD-BYE."

I SINCERELY HOPE YOU HAVE ENJOYED YOUR STAY ON BOARD WITH US, AND THAT WE SHALL BE SHIPMATES AGAIN IN THE VERY NEAR FUTURE.

CAPTAIN HELGE BRUDVIK, COMMANDER

# CHEF'S SUGGESTIONS

Iced Russian Sevruga Caviar with Traditional Condiments, Blinis and Melba Toast

Cream of Asparagus "Argenteuil"

#### Filet of Beef Wellington

Pink Roasted Tenderloin of Beef in Flaky Puff Pastry, With Sauce Perigourdine, Assorted Fresh Young Vegetables, and Château Potatoes

The American Institution - Baked Alaska Flambe en Parade

#### FOR OUR VEGETARIANS

Half Papaya Filled with Tropical Fruit, Sprinkled with Grand Marnier

#### Irish Cobbler Potato Strudel

With Caramelized Onions, Early Morels, on Port Wine Reduction Sauce

Blackberry Mousse with Cassis Mirror

#### CELLAR MASTER SUGGESTIONS

#### CHAMPAGNE

By the Bottle: Mumm Cordon Rouge, Reims NV - \$42.00 By the Glass: Moet & Chandon, Cuvée Dom Pérignon, Epernay 1988 - \$18.50

#### WHITE WINE

By the Bottle: Grgich Hills Chardonnay, Napa Valley 1994 - \$44.00 By the Glass: Cuvaison Chardonnay, Carneros 1995 - \$7.00

#### RED WINE

By the Bottle: Beringer Howell Mountain Merlot, Napa Valley 1993 – \$52.00 By the Glass: Cuvaison Merlot, Napa Valley 1994 – \$8.75

# DESSERT WINE

By the Bottle: Muscat, Vin de Glacier, Bonny Doon Vineyard (375ml) California 1995 – \$20.00 By the Glass: Muscat, Vin de Glacier, Bonny Doon Vineyard, California 1995 – \$5.00 By the Glass: Château Rieussec, Sauternes 1989 – \$8.75



-DINNER-SATURDAY, NOVEMBER 8, 1997

# LOW-FAT SELECTIONS

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these choices:

Half Papaya Filled with Tropical Fruit, Sprinkled with Grand Marnier

Sautéed Medallions of Veal On a Twist of Angel Hair Pasta With Garden Fresh Vegetables

Refreshing Kir Royal Sherbet

Approximately per serving: Calories: 545 Protein: 42g Fat: 8g Cholesterol: 22mg Sodium: 340mg

# S A L A D E N T R E E

# Garden Selection

Assorted Baby Greens with Grilled Eggplant and Zucchini, Sprinkled with French Goat Cheese, Sun Dried Tomatoes, Grilled Sliced Beef Tenderloin, and Tossed with Balsamic Vinaigrette

# TRADITIONAL MAIN COURSES

AVAILABLE DAILY

Grilled Black Angus
Sirloin Steak
Served with Baked Potato and
Vegetables of the Day

Plain Grilled Chicken Breast Served with Baked Potato and Vegetables of the Day The Captain's Gala

# APPETIZERS

Iced Russian Sevruga Caviar with Traditional Condiments, Blinis, and Melba Toast

Pâté de Foie Gras of Duck with Warm Brioche

Alaskan Halibut Carpaccio with Vegetable Vinaigrette

Half Papaya Filled with Tropical Fruit, Sprinkled with Grand Marnier

#### SOUPS

Beef Consommé with Truffle and Goose Liver Croutons

Cream of Asparagus "Argenteuil"

#### SALAD

#### The Commander's Salad

Selected Salad Bouquet with Tomatoes, Cucumbers, Carrots, Endive, and Fried Celery Julienne, Served with Balsamic Vinaigrette

Traditional favorite dressings available, plus today's specials: Fat-Free Tomato Basil and Low-Calorie Yogurt-Leek Dressing

### SHERBET

Refreshing Kir Royal Sherbet

#### MAIN COURSES

#### Broiled King Crab Legs

Served with Melted Lemon Butter or Sauce Hollandaise, Steamed Fresh Garden Vegetables, and Pilaf Rice

#### Oven-Baked Pheasant with Black Olive Sauce

On Parsnip Purée with Saffron and Fresh Garden Vegetables

# Filet of Beef Wellington

Pink Roasted Tenderloin of Beef in Flaky Puff Pastry, With Sauce Perigourdine, Assorted Fresh Young Vegetables, and Château Potatoes

# Grilled Wisconsin Veal Medallions

On Creamy Morel Sauce, Fresh Vegetable Bouquet, and Angel Hair Pasta

#### SIDE ORDERS

Fresh Vegetable Bouquet Parsnip Purée with Saffron Pilaf Rice

Steamed Potatoes Château Potatoes Angel Hair Pasta with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.



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Executive Pastry Chef Sissel Holm

# S W E E T F I N A L E

The American Institution - Baked Alaska Flambe en Parade

Blackberry Mousse with Cassis Mirror

Sugar-Free Chocolate Cake

Vanilla, Spumoni, Rum Raisin, and Chocolate Ice Cream With Your Choice of Assorted Toppings

Freshly Frozen Non-Fat Peanut Butter or Chocolate Yogurt

Refreshing Kir Royal Sherbet

Tropical Fruits in Season

Plantation Pralines, Truffles, and Petits Fours

# SELECTIONS FROM THE CHEESE TROLLEY

Boursault Stilton Tilsiter Garlic Boursin Monterey Jack

Served with Crackers and Biscuits

#### BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Cafe Latté Cappuccino

Espresso Selection of International Teas

#### AFTER DINNER DRINKS

As a Digestif, we would like to recommend:

Tia Maria - \$3.75 Late Bottled Vintage Port - \$5.75

Grand Marnier - \$4.00 Remy Martin Cognac V.S.O.P. - \$5.00

or your favorite classic after dinner liqueur, available from your bar waiter